

May 2021 Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning session 1	09.45 – 11.00 Mindful Parenting (Zoom)	09.30 – 11.30 Prep for Preschool (1y 9m – 3+)	09.00 – 11.30 One to One Family Support	09.30 – 11 Parenting Course (Zoom)	09.30 – 11.30 Prep for Preschool (1y 9m – 3+)
Morning session 2	11.30 – 12.30 Parent & Baby (Zoom)			09.30 – 11 Adult English Class (Zoom)	
Morning session 3	11.30 – 12.30 Parent & Child LGT (Zoom)	11.30 – 13.00 One to One Family Support	11.30 – 13.00 One to One Family Support	11.30 – 12.30 Parent & Child LGT (Zoom)	11.30 – 13.00 One to One Family Support
Afternoon session 1	14.15 – 16.15 Afterschool 14.30 – 15.30 Mindfulness in Local Primary Schools	14.30 – 15.30 Mindfulness in Local Primary Schools	14.00 – 16.30 One to One Family Support	14.15 – 16.15 Afterschool	14.00 – 16.30 One to One Family Support